



# GMC News

**New Provider!** Many of you will recognize this familiar face around Willows. We are thrilled to announce that **Vanessa Patrick**, Physician Assistant, has joined Glenn Medical Center. She will be seeing patients of all ages - new and existing - on Mondays, Tuesdays, and Wednesdays, in our Family Care Clinic. You can schedule an appointment with her by calling 934-1816. Welcome aboard, Vanessa - we're so happy to have you here as part of our expanding team of medical providers!

## **Prevent Blindness America - Low Vision Awareness Month**

The mission of Prevent Blindness America is to prevent blindness and preserve sight. Founded in 1908, this group is dedicated to fighting blindness and saving sight. Have you had your eyes checked lately?

We offer full Ophthalmology care at GMC - call today for your appointment with Dr. Val Shaw at 934-1816.



*This institution is an equal opportunity provider and employer.*

## *~ ~ What's Happening at GMC ~ ~*

**Platinum Club for Seniors** The Platinum Club is a free hospital-sponsored program for all Glenn County residents 60 years of age and older. Seniors are invited to attend these monthly presentations with their friends and neighbors. Please join us on **Thursday, February 16th**, in the GMC large conference room at 9:00am for a delicious breakfast provided by our Dietary Department. At 9:15, we will be having a very informative presentation on **"Our Commitment To Quality"** by Rhonda Anderson, GMC's Quality Coordinator. This will be a behind-the-scenes look at quality data; how it's obtained and scored, and why it's so important to us. Please **RSVP to Deborah at 934-1881** to make sure we have enough seats and treats for all. If you'd like to be added on to our mailing list for future newsletters, please call Deborah or e-mail her at [DMcMillan@glenmed.org](mailto:DMcMillan@glenmed.org).

**February is Heart Month** The perfect gift this Valentine's Day is the gift of heart health. Along with Valentine's Day, February marks American Heart Month, a great time to commit to a healthy lifestyle and make small changes that can lead to a lifetime of heart health. Heart disease is the leading cause of death for men and women. That's why this month people are encouraged to take charge of their health and start one new, heart-healthy behavior that can help reduce their risk of heart disease. Eating healthy and staying active are two of the first steps towards a healthy heart - if you haven't had a recent physical, now's a good time to call and get it set up!

**Eye Make A Difference** Glenn Medical Center, in a partnership with Vision Service Plan (VSP) is collecting used eye glasses. Eye Make A Difference® is an eyewear donation program to address the 2 billion people globally who need vision correction but lack access to eyewear due to income, distance, or disaster. Nearly 450,000 pairs of glasses and new optical frames have been donated by doctors, clients, and members for VSP doctors, schools of optometry, and charitable organizations to take on global mission trips. Seeing clearly provides the opportunity for adults and children to succeed at school or work, and to care for their families. Eye Make A Difference®, an Eyes of Hope® program, is a no-cost way to donate glasses to help those in need. Helping others see is easy. Simply donate your gently used glasses, including: prescription glasses, readers, and sunglasses. That's it - we'll take care of the rest! Donation boxes are located at Glenn Medical Center in Room #811, or you can drop them off in our lobby. Thank you!