



Splendor in the Valley

Glenn Medical Foundation invites everyone to join them at the Splendor in the Valley event on Saturday evening, September 12th. This year's theme is "A Night At The Beach" and will be a traditional luau, with Hawaiian attire the desired wear of the evening. The event will once again take place at the Big W Ranch near Orland, which is owned by the family of famous television personality Cal Worthington.

Tickets will soon be available in the Human Resources Department at Glenn Medical Center.

For more information, call Deborah McMillan at 934-1881. Sponsorships are still available; silent auction items are now being accepted. This was a sold-out event last year - call today to place your reservations!



This institution is an equal opportunity provider and employer.

~ ~ *What's Happening at GMC* ~ ~

June is National Safety Month

Injuries are a leading cause of disability for people of all ages — and they are the leading cause of death for Americans ages 1 to 44. The good news is everyone can get involved to help prevent injuries. This month, we encourage you to learn more about important safety issues like prescription painkiller abuse, transportation safety, and slips, trips, and falls.

* Prescription painkiller abuse: Prescription painkiller overdoses are a growing problem in the United States, especially among women. Approximately 18 women die every day from a prescription painkiller overdose — more than four times as many as back in 1999.

* Transportation safety: Doing other activities while driving — like texting or eating — distracts you and increases your chance of crashing. Almost one in five crashes (17%) that injured someone involved distracted driving.

* Slips, trips, and falls: One in three older adults falls each year. Many falls lead to broken bones and other health problems.

At Glenn Medical Center, we take employee safety very seriously. Employees are required to review our Workplace Safety Training on an annual basis, and we have a robust Safety Committee, made up of members from each department, which meets monthly. In recent years, we have seen a major reduction in our rate of workplace injuries due to our focus on employee safety. Everyone wins!

CT Scan Screenings for Smokers

Medicare has decided to cover low-dose radiation CT scan screenings for lung cancer in high-risk patients. Following a 2013 decision by the U.S. Preventive Service Task Force mandating reimbursement by private insurers, Medicare will cover the procedure for patients who smoked a pack of cigarettes a day for an average of 30 years. As many as 5 million Medicare beneficiaries could meet the criteria for cancer screening this year. Last year, there were more than 224,000 new cases of lung cancer, according to the National Cancer Institute. The National Lung Screening Trial, a long-term study of 52,000 high-risk smokers, concluded that current and former heavy smokers ages 55-74 had a 15-20% lower risk of dying from lung cancer when screened with low-dose radiation CT scans, equivalent to about three fewer deaths per 1,000 people screened. You can have this done at Glenn Medical Center - all you need is a referral from your medical care provider. If you've been a long-term smoker, call 934-1804 today to schedule your screening. As with all cancers, early detection is important.

Glenn Medical Center - providing quality healthcare right here at home for 65 years!