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Glenn Medical Center

Press Release

Glenn Medical Center adds a Sleep Diagnostic Lab to its growing list of services

Glenn Medical Center welcomes registered Polysomnography Technologist, Sharon Clatterbuck, to its staff

Willows, CA, March 23, 2011: Glenn Medical Center recently opened its Sleep Diagnostic Lab with registered Polysomnography Technologist, Sharon Clatterbuck, and Neurologist, Dr. Matthew Merliss who is Board Certified in Sleep Medicine. Overnight sleep testing in the pleasant and comfortable rooms is available, Monday through Wednesday with a referral from a physician.

Getting a restful night's sleep is essential for living a healthy life. The comprehensive sleep services include clinical sleep exams, treatment and consultations for adults and children age three and above. These exams aid in the diagnosis of sleep disorders such as:

- Breathing disorders
- Movement disorders
- Nocturnal Epilepsy
- Insomnia from other sleep disorders
- Parasomnias such as sleep walking, talking or eating, or a violent behavior

Our staff are interested in all the strange and wonderful things that happen during sleep and are here to help you get a good night's rest. Specific interests are shift work disorders, jet lag, and pediatric sleep disorders including sleep apnea, sleep parasomnias such as night terrors, enuresis (bedwetting), and nocturnal seizures.

Sharon Clatterbuck, RPSGT, has worked as a sleep technologist for several companies and hospitals since 1998. She has the unique experience of performing pediatric sleep exams on young children while working with Dr. Craig Nakamura, a Board Certified Pediatric Sleep Medicine Physician, in Las Vegas. Sharon completed her American Academy of Sleep Medicine A-Step Training in 2010. She has been with Glenn Medical Center since February 2011.

Dr. Matthew Merliss graduated from the Medical College of Pennsylvania and trained at the UCLA-Wadsworth VA Hospital. He has been a Neurologist in Chico in 1987 and at Glenn Medical Center since 2005. He has been involved with sleep medicine since 2009 and became Board Certified in Sleep

For Release March 23, 2011 – Photo attached

Glenn Medical Center opens Sleep Diagnostic Lab
Medicine in 2010 by the American Academy of Psychiatry, Neurology and Sleep Medicine.

Glenn Medical Center is a local not-for-profit hospital in operation since 1949. The Medical Center has grown significantly the past few years and now offers many new and needed health care services including: Cardiology, Dermatology, Neurology, General Surgery, Gynecology, Ophthalmology, Orthopedics, Podiatry and Sleep Medicine. These specialties along with a Children's Health Center, Family Care Clinic and Glenn Family Medical Group, result in greater convenience and outstanding health care service for Glenn County and surrounding area residents.

Medical, Medicare and most private insurances are accepted. For more information you may contact the Sleep Lab at 530-934-1820.

PHOTO: Left to Right – Dr. Matthew Merliss, Neurologist; Sharon Clatterbuck, RPSGT